

# Special Needs?

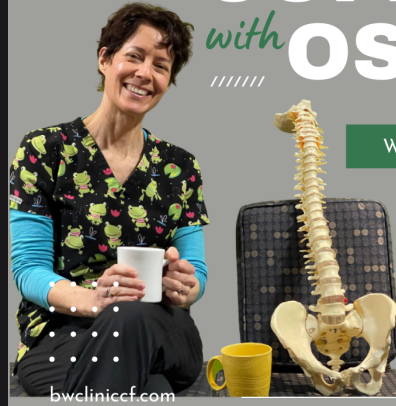
Our office strives to accommodate as many patients as we safely can.

For details about our accessibility and accommodation policy, please refer to the document posted by the same name on our website under "Patient Resources" or contact the staff with additional questions.



The Body Works Clinic  
Dr. Fiona E. Demel, DC  
Dr. Kaila M. Alvarez, DC, NREMT  
Chiropractic - Acupuncture - Massage - Nutrition

## COFFEE with OSCAR

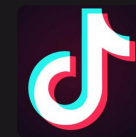


Weekly blogs & videos!

bwcliniccf.com

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# Body Works Clinic

424 MILL STREET WEST  
CANNON FALLS, MN 55009



## What to EXPECT When you ARRIVE

Please check in at the front desk and update any contact information or insurance changes with staff if needed.

If you need to use the restroom, please do so right away, before you are asked to head back to your room.



**PLEASE ALWAYS NOTIFY THE STAFF OF ANY NEW MEDICAL CONDITIONS, NEW ACCIDENTS, OR NEW MEDICATIONS** so that we can update your file and notify your provider right away.

When called to the room, shut off your cell phone or place in airplane mode.



Pick up a gown or shorts from the shelf. They are arranged by size and length.

Remove:

- Belts & items from pockets 

- Necklaces & earrings 

- Shoes & glasses 

Please be sure to leave behind any food items. Food or drinks are not allowed in the treatment room except water.



## During your Appointment

Your appointment time was scheduled based on your clinical needs when last seen.

**IF YOU HAVE A NEW, DIFFERENT OR ADDITIONAL ISSUE THAT NEEDS TO BE ADDRESSED TODAY, PLEASE NOTIFY YOUR PROVIDER AT THE BEGINNING OF YOUR APPOINTMENT.** Otherwise we will focus on known issues and not have time to address new ones.

This is to avoid a common situation when a patient brings up something at the end of the appointment time and we are unable to address it.

Take note of when you are supposed to return and for what type of appointment, so that you may properly communicate that to the staff when scheduling your next appointment.

Please **ALWAYS CHECK OUT** with the front desk in case they need to wrap up administrative details with you.

## Appointments

You can make or change appointments by calling the front desk, leaving a voicemail requesting an appointment time through our website or replying to reminder text.

Our appointments tend to run on time, so we ask our patients to arrive at or shortly before their scheduled time.

We request a 24 hour notice on appointment modification or cancellation.

The office reserves itself the right to charge a \$20 unexcused missed appointment fee. You can cancel by phone, voicemail, email or respond to your reminder text.

