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| Southwestern Chicken Hash  *A simple tasty hash using ground poultry that reheats well.*  **Ingredients:**   |  |  |  | | --- | --- | --- | | 1 lb  5 oz  8 oz  10 oz  10 oz  10 oz  Dash  1 TB  1 TB  ½ to full jar | Frozen Ground Chicken or Turkey ($2.11)  Frozen Onions, Thawed and drained ($.60)  Frozen Bell Peppers, Thawed and drained ($1.70)  Frozen Green Beans, Thawed and drained ($1.00)  Frozen Lima Beans ($.75)  Corn (organic preferred) ($1.20)  Salt and Pepper  Olive Oil  Chili Powder  Cilantro  Salsa Verde ($2.00) |  | |  |  |  |   **Directions:**  Using your Instant Pot, similar device, or even your stovetop. Sauté your onions with some olive oil. Next add your chicken and chili powder and brown it. Put all of your vegetables into the pot. Add cilantro and a half jar of salsa or as much as you prefer. Set your device to slow cook for about 5 hours with the lid sealed. | Logo  Description automatically generated |